



ARNON ATOMEA PROVINCIAL SECONDARY SCHOOL

SPORTS, HEALTH AND SAFTY

POLICY

THE SPORT, HEALTH AND SAFETY POLICY OF ARNON ATOMEA PROVINCIAL SECONDARY SCHOOL

1.0: Introduction:

The Arnon Atomea Community High School Administration considers Sports, Health and Safety as an important component of the development of students' physical and mental aspect of life. Therefore, there is a need to develop sports, health and safety policy for the school. It is important for the school to have written guidelines on sports, health and safety for its teachers so that they can conduct or carry out their duties, roles and assessment effectively, efficiently and fairly.

This policy enables students to perform and progress in their knowledge, skills and abilities as well as their academic state of achievement at the end of their learning. Most importantly, this policy enables teachers to make decisions on what action to take to support students in their learning. Thus, this policy has been prepared to guide teachers of Arnon Atomea Community High School in planning, managing and implementing their outdoor (extra – curricular) assessment.

2.0: Aims of the Policy:

The main aims of this policy are:

- To provide clear guidelines on the school's extra – curricular programmes
- To ensure there is uniformity in the supervision, management and monitoring approaches used by teachers across sports and other extra – curricular levels in the school.
- To provide an effective supervision and monitoring system that will benefit, students, teachers and the school.

3.0: Purpose of the Policy:

- To ensure that supervision, assessment, evaluation, monitoring and practices is consistent.
- To provide supervision and monitoring system that help students to improve in their learning progress and achievement which will contribute to the overall performance of a student academically and in extra – curricular activities.

4.0: Supervision Strategy:

- Setting specific and challenging outcomes with students
- Develop - high quality supervision and assessment tools
- Using assessment information to inform and improve both teachers and students performance.

5.0: Principles of Supervision:

5.1: The primary purpose of supervision is to:

- Improve students' performance, knowledge, skills and ability in areas such sports, health and safety.
- **Supervise how students learn and perform:**
 - Set effective supervision based on a vision of kinds of performance;
 - Show value for students and how they might best achieve these;
 - Set out goals and outcomes to measure what we value most.
- **Supervise integral component of extra – curricular activities and programmes design:**
 - Design teaching and learning elements of each program in full knowledge of the sorts of supervision students will undertake, and vice versa, so that students can demonstrate.

6.0 Supervision Methods:

- Supervision of physical and mental ability,
- Supervision of skills and knowledge of learners in various activities such as sports, health and safety.

7.0 Implementation:

The Sports, Health and Safety committee shall implement its programmes and activities in two (2) areas (divisions);

1. Sports; and (2) Health and Safety.

1. SPORTS:

This division shall responsible for the sporting programmes and activities of the school internally and externally. These are some regulations that will help guide the sporting activities of the school.

REGULATIONS:

To implement and coordinate the sporting activities of the efficiently and effectively; the committee shall ensure that:

1. Students must wear sporting gears as a rightful dressing for sports;
2. During bad weather, sport activities shall be definitely cancelled;
3. All students must participate in sports activities, except for those with medical attention and valid reasons permitted by the leader concern;
4. The school is responsible for any incident or injury occurred during school organized by the committee;
5. Any sporting activities organized by any teacher or other organized bodies apart from the committee responsible shall be regarded as *private organized activities* and shall be held responsible for any injury and causes occurred to students and school;
6. Sporting activities organized outside of the school, consent must be given by the students' parent or guidant before students may attend or take part in such activities.

RESPONSIBILITIES:

The responsibilities of the sports division shall be as follows:

1. To prepare the Sporting programmes and activities of the school
2. To make rules and laws concerning the type of sports organized
3. To make selection of the school team
4. To choosing team patrons and captains
5. To prepare sports budget, manage and monitoring of sport funds and equipments
6. To supervise organized games
7. To keep records of the scores and points
8. To liaise and work cooperatively with other sporting organizations and schools
9. To consult with any interest group or organization that are interested in organization their sporting activities using the school sporting facilities
10. To make decisions on issues or activities that might affect the health and safety of the student and even the school properties

HEALTH:**REGULATIONS:**

1. Proper water supply services and sanitation equipment's, tools and materials must be accessible to both students and teachers
2. The school must provide health awareness programmes for students and teachers
3. Selling of junk foods must not be encouraged to students in the school compound
4. Teachers and students must wear clean and descent clothes at all times
5. Teachers and students must have clean and proper haircuts, hair dressed and clean teeth
6. Male teachers and students must shave their beards at all times
7. Health inspection must be done twice a week by form masters or class teachers
8. Classroom must be clean and tidy at all times
9. Students must respect classroom properties
10. Writing on bodies must not be practiced by students
11. Selling and eating of drugs must be banned from school compound
12. The school must have a dumping site for rubbish and provide rubbish boxes in every classrooms
13. Classrooms must be painted every two to three years
14. Classrooms must have lights and louver glasses
15. Classrooms must have proper and clean classroom furniture
16. Proper drainage must be made along every school buildings
17. Good relationships must be maintained between teachers and students
18. Class devotion must be done before and after the last lesson each day
19. Clean speeches must be practiced by both students and teachers
20. Positive team must be maintained amongst teachers

RESPONSIBILITIES:

In developing an effective organization for managing health and safety in the school, the committee should ensure that:

1. Appropriate responsibilities must be formally assigned to specific individuals of the committee
2. All its members must participate and involved effectively in arranged matters in areas of health and safety
3. Sufficient information is provided to students through health awareness programmes
4. Staff are properly trained to do their work and to discharge health and safety duties effectively
5. Sufficient resources in terms of time and finance have been allocated
6. First –Aid Kit are available

SAFETY:

REGULATIONS:

1. School compound must be fenced;
 2. Classrooms must have more than one door and ladders to cater for times of emergencies;
 3. Emergencies and disaster trainings must be conducted for both students and teachers;
 4. School programmes should be cancelled during bad weather;
 5. Students are not allow to play with electrical devices or appliance;
 6. Safety equipment's must be provided to both teachers and students during extra – curricular activities or dirty and dangerous work undertaken;
 7. Special need students must be given special attention or care during special curricular activities;
- Thus, special duties must be given in accordance to their abilities and capabilities;

RESPONSIBILITIES:

The responsibilities of the committee shall be as follows:

1. To carry out and implement all programmes and activities necessary for the safety of both teachers and students in the school. Thus, planning, organizing, implementing, supervising and monitoring of the day to day activities of students shall be the liability of the committee;
2. To teach, supervise, assess and monitor approaches best suit the abilities and capabilities of special needs students;
3. To work collaboratively and cooperatively with duty prefects, teacher and school administration in addressing any causes or issues affecting the health and safety of students;
4. To issue, recording and monitoring of safety equipment's such as first –aid kit that are provided to students;
5. To arrange and organize safety trainings such as disaster trainings and awareness programmes for both students and teachers

